

07/03/03 17698 U.S. PTO



32190 U.S. PTO  
10/613965  
07/03/03

**KURT M. RYLANDER  
TRIAL & PATENT ATTORNEY AT LAW PC**

EXPRESS MAIL MAILING NO. **EV223721015VS**  
DATE OF DEPOSIT: **July 3, 2003**

I HEREBY CERTIFY THAT THIS PAPER AND ENCLOSURES AND FEE ARE BEING DEPOSITED WITH THE UNITED STATES POSTAL SERVICE "EXPRESS MAIL POST OFFICE TO ADDRESSEE" SERVICE UNDER 37 CFR 1.10 ON THE DATE INDICATED ABOVE AND IS ADDRESSED TO "MAIL STOP PATENT APPLICATION, COMMISSIONER OF PATENTS, P.O. BOX 1450, ALEXANDRIA, VA 22313-1450."

*Wendy M. Fox*  
WENDY M. FOX

The Honorable Assistant Commissioner of Patents  
Mail Stop PATENT APPLICATION  
P.O. Box 1450  
Alexandria, VA 22313-1450

Enclosed for filing by U.S. Express Mail is the patent application of:

Atty Docket No: **MONA01**  
Inventor: **Alan Jay Monda**  
Title: **Encased Resistance Cable Portable Exercise Apparatus**

**Enclosures:**

- |   |   |
|---|---|
| <input checked="" type="checkbox"/> Cover Sheet   | <input checked="" type="checkbox"/> 12 pages of Specification (including claims & abstract) |
| <input checked="" type="checkbox"/> Transmittal/Declaration of Express Mail Service   | <input checked="" type="checkbox"/> 3 sheets of (formal) Drawings                           |
| <input checked="" type="checkbox"/> 2 page Combined Declaration and Power of Attorney (unsigned)  | <input checked="" type="checkbox"/> Return Postcard, Stamped                                |
| <input checked="" type="checkbox"/> Form PTO-2038 for credit card payment   | <input checked="" type="checkbox"/> Information Disclosure Statement                        |
| <input checked="" type="checkbox"/> Any deficiency or overpayment should be charged or credited to deposit account number 502552. A duplicate copy of this sheet is enclosed. | <input checked="" type="checkbox"/> PTO Form 1449   |
|   | <input checked="" type="checkbox"/> References cited  |

**APPLICANT(S) CLAIM(S) SMALL ENTITY STATUS**

The filing fee has been calculated as shown below:

| FOR:                      | Col. 1    |     | Col. 2    |   | SMALL ENTITY |          |
|---------------------------|-----------|-----|-----------|---|--------------|----------|
|                           | No. Filed |     | No. Extra |   | RATE         | FEE      |
| BASIC FEE                 |           |     |           |   | \$375        | \$375    |
| TOTAL CLAIMS              | 7         | -20 | -         | - | x \$9        | -        |
| INDEPENDENT CLAIMS        | 2         | -3  | -         | - | x \$42       | -        |
| MULTIPLE DEPENDENT CLAIMS |           |     |           |   | \$140        | \$140    |
|                           |           |     | TOTAL     |   |              | \$515.00 |



\* 2 3 4 4 2 \*  
PATENT TRADEMARK OFFICE

Very truly yours,

*Kurt M. Rylander*  
KURT M. RYLANDER, U.S. Reg. No. 43,897  
101 Franklin Street, Suite 206  
Vancouver, WA 98660  
(360) 750-9931



**KURT M. RYLANDER  
TRIAL & PATENT ATTORNEY AT LAW PC**

EXPRESS MAIL MAILING NO. **EV223721015US**  
DATE OF DEPOSIT: **July 3, 2003**

I HEREBY CERTIFY THAT THIS PAPER AND ENCLOSURES AND FEE ARE BEING DEPOSITED WITH THE UNITED STATES POSTAL SERVICE "EXPRESS MAIL POST OFFICE TO ADDRESSEE" SERVICE UNDER 37 CFR 1.10 ON THE DATE INDICATED ABOVE AND IS ADDRESSED TO "MAIL STOP PATENT APPLICATION, COMMISSIONER OF PATENTS, P.O. BOX 1450, ALEXANDRIA, VA 22313-1450."

*Wendy M. Fox*  
WENDY M. FOX

The Honorable Assistant Commissioner of Patents  
Mail Stop PATENT APPLICATION  
P.O. Box 1450  
Alexandria, VA 22313-1450

Enclosed for filing by U.S. Express Mail is the patent application of:

Atty Docket No: **MONA01**  
Inventor: **Alan Jay Monda**  
Title: **Encased Resistance Cable Portable Exercise Apparatus**

**Enclosures:**

- |   |   |
|---|---|
| <input checked="" type="checkbox"/> Cover Sheet   | <input checked="" type="checkbox"/> 12 pages of Specification (including claims & abstract) |
| <input checked="" type="checkbox"/> Transmittal/Declaration of Express Mail Service   | <input checked="" type="checkbox"/> 3 sheets of (formal) Drawings                           |
| <input checked="" type="checkbox"/> 2 page Combined Declaration and Power of Attorney (unsigned)  | <input checked="" type="checkbox"/> Return Postcard, Stamped                                |
| <input checked="" type="checkbox"/> Form PTO-2038 for credit card payment   | <input checked="" type="checkbox"/> Information Disclosure Statement                        |
| <input checked="" type="checkbox"/> Any deficiency or overpayment should be charged or credited to deposit account number 502552. A duplicate copy of this sheet is enclosed. | <input checked="" type="checkbox"/> PTO Form 1449   |
|   | <input checked="" type="checkbox"/> References cited  |

**APPLICANT(S) CLAIM(S) SMALL ENTITY STATUS**

The filing fee has been calculated as shown below:

| FOR:                      | Col. 1    |     | Col. 2    |  | SMALL ENTITY |          |
|---------------------------|-----------|-----|-----------|--|--------------|----------|
|                           | No. Filed |     | No. Extra |  | RATE         | FEE      |
| BASIC FEE                 |           |     |           |  | \$375        | \$375    |
| TOTAL CLAIMS              | 7         | -20 | -         |  | x \$9        | -        |
| INDEPENDENT CLAIMS        | 2         | -3  | -         |  | x \$42       | -        |
| MULTIPLE DEPENDENT CLAIMS |           |     |           |  | \$140        | \$140    |
|                           |           |     | TOTAL     |  |              | \$515.00 |



★ 2 3 4 4 2 ★  
PATENT TRADEMARK OFFICE

Very truly yours,

*Kurt M. Rylander*  
KURT M. RYLANDER, U.S. Reg. No. 43,897  
101 Franklin Street, Suite 206  
Vancouver, WA 98660  
(360) 750-9931